

# Pessimism, optimism, and defensive pessimism as predictors of school success, school and life satisfaction of high school students



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## **Abstract**

The aim of this research is to examine the extent to which and the way in which pessimism, optimism, and defensive pessimism in high school students are related to school variables: school success, school satisfaction and life satisfaction. Since there is a lack of research on high school students, this research will be a scientific contribution to research on this population. About 200 students of the second and third grade of the Zagreb high school will participate in the research. The following questionnaires will be applied: The Youth Life Orientation Test (Ey et al., 2005), Defensive Pessimism Questionnaire (Norem, 2001; according to Lim, 2009), Student Life Satisfaction Scale - SLSS (Students' Life Satisfaction Scale; Huebner, 1991b), Quality of School Life Questionnaire (Ainley & Bourke, 1992 according to Leonard, 2002) and general success as an indicator of school success.

## **Key words**

*defensive pessimism, optimism, pessimism, satisfaction with life, satisfaction with school*

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